



Parish Messenger

Unitarian Universalist Church of Brunswick

OCT
2024

October



OUR MISSION

To be a spiritual community,
To welcome all,
To nurture one another,
To work for justice,
And to care for the earth.

STAFF

Rev. Dr. Kharma Amos
Minister

Rev. Sylvia Stocker
Minister Emerita

Toben Cooney-Callnan
Lifelong Spiritual Formation Director

Will Britton
Director of Music

Shirley Bernier
Office Administrator

Tony & Mary Sulkoski
Sextons

CONTACT US

(mail) PO Box 129
Brunswick, ME 04011

1 Middle Street, Brunswick

(207) 729-8515

administrator@uubrunswick.org

Rev. Kharma Amos, Minister

Office Hours: Tues-Fri, 10-4

SERVICES IN OCTOBER

MONTHLY THEME: DEEP LISTENING

October 6th - Can You Hear Me Now? Reflections on Deep Listening

Led by Rev Dr. Kharma Amos, Music by Will Bristol

As we kick off a month of reflections on the Practice of Deep Listening, let's begin with the big picture. What Does Deep Listening mean anyway? How do we know when we've been truly heard? What do we need to do to enable us to truly listen to another?

October 13th - Listening for Transformation

Led by Rev. Dr. Kharma Amos, Music by Will Bristol and the UUCB Choir

As young people, many of us are taught the difference between "Reading" and "Reading for Comprehension." In similar fashion, we want to explore the difference between "Listening" and "Listening for Transformation." Remembering the why/purpose behind our activities can be helpful. How might our listening take shape if we understood it as an opening for growth (from the personal to the global)? How might intentionally listening for the voiceless or those on the edge be an important practice for us? Join us as we reflect together.

October 20th - Deep Listening in Times of Challenge and Change: Lessons from Sukkot

Led by Rabbi Lisa Vinikoor, Music by Will Bristol



Rabbi Vinikoor's sermon comes during the Jewish festival of Sukkot, a joyous festival commemorating the ancient Israelites 40 year journey in the wilderness. Through an exploration of this journey story and Sukkot traditions, Rabbi Vinikoor will reflect on the intersection of Jewish wisdom and the value of deep listening to navigate turbulent times. *Bio – Rabbi Vinikoor joined Beth Israel Congregation as its spiritual leader in 2017. She decided to pursue rabbinic work after a 14-year career as a public-school educator and social justice community organizer in Massachusetts. As an organizer, (continued on page 2)*

October 27th - Listening Through the Ages

Led by Rev. Dr. Kharma Amos, Music by Will Bristol and the UUCB Choir

As we complete our reflections on the theme of Deep Listening, we observe many of the spiritual and cultural celebrations that remind us of our connection to the generations before us. Halloween, Samhain, All Hallow's Eve, All Saints Day, All Souls Day, and more! Let's think about how we can faithfully listen to the wisdom of the ages, even as we learn and innovate now and for the future. (PLEASE NOTE: You are invited to bring photos or small mementos of those in your life whose voices you want to be attentive to. Put differently, please bring photos of the "saints" in your own life to share on our remembrance table.)

Minister's Message

The Practice of Deep Listening

I am now beginning my third year as your Minister, and I trust by now you've all noticed that I really like words. Luckily, I have a job that puts me in the talking/writing chair a lot. I love it. And, I may not have given the same attention to honing and practicing my listening skills on an ongoing basis, as I have to the art of composition. Well, this month, as we focus on "The Practice of Deep Listening," we all have an opportunity to shift our attention in potentially lasting ways. The first thing I know I need to do ... is hush. I'm going to try to do that more frequently.

So, it seems fitting for this to be my shortest Parish Messenger article. I'd rather you spend the next 1.7 minutes with an opportunity to stop, breathe, and listen deeply. What do you hear? What is the still small voice inside you whispering right now? Attend to it.

Blessings,
Kharma



Guest Worship Leader – October

Rabbi Lisa Vinikor – Bio, continued from page 1

she was privileged to organize alongside hundreds of clergy and lay leaders from churches and synagogues to carry out meaningful social justice campaigns. Together they engaged thousands of volunteers from faith institutions to fight for and win successful passage of the 2006 Massachusetts Healthcare Reform law, ensuring healthcare access to nearly half a million previously uninsured low-income residents. Her teaching and justice work inspired her to seek a career as a rabbi, where she continues to teach and to act for social justice change from a Jewish lens. A lifelong learner, Rabbi Vinikoor enjoys studying and teaching the texts of our sacred Jewish tradition.

Born and raised in a small Jewish community in Vermont, Rabbi Vinikoor attended Smith College, where she earned her undergraduate degree in History, and the University of Massachusetts, Boston, where she earned her master's degree in Education. She received rabbinic ordination from the Hebrew Union College - Jewish Institute of Religion in New York City. In addition to serving the Beth Israel Congregation, Rabbi Vinikoor also serves as the rabbi for Jewish students at Bowdoin College. Rabbi Vinikoor and her family live in Bath.

From the Lifelong Spiritual Formation Director (LSFD)

Back in Full Swing

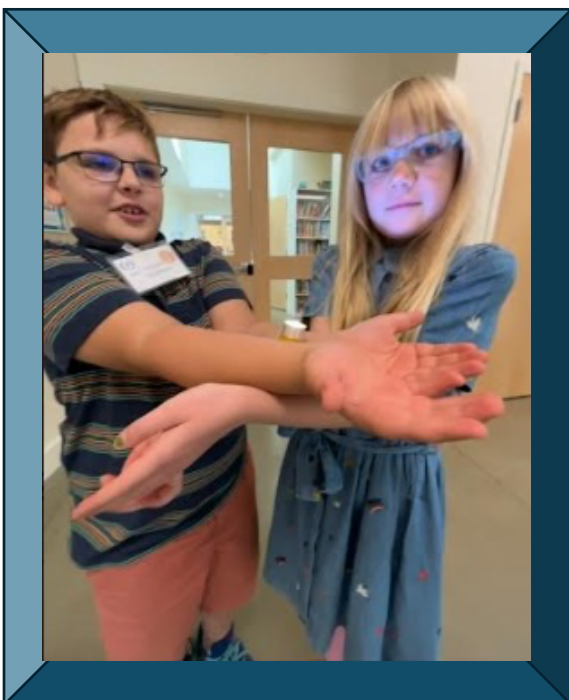


It is so lovely to be back after Summer break. As you all may have noticed, we have a whole bunch of kids joining us this church year! I have heard from many of you that seeing such a large group of children each Sunday really warms your hearts. I love the way you all love our kids! I love the way that you all support our kids! Our Spiritual Formation meetings cannot happen without the support.

Several folx have signed up to help out in our meetings this year but we still need more folx to lead our meetings. The Children’s Spiritual Formation meetings follow theme based agendas that match the same monthly theme that is explored in our worship services. For this reason, we ask that folx who lead our meetings commit for a full month so that they can be a steady presence as we see the theme through. If you would like to learn more about helping out with the Children’s LSF programming, please attend our next volunteer training after the service on October 13th! I also want to say thank you to all of the folx who attended the Invitation to Spiritual Formation workshop we offered in mid September! In this workshop, we explored the four different spiritual types based on the work of Corrine Ware. We then explored what the current moment was calling us to do and how, using what we know about how we best connect spiritually, we can best nurture our own spiritual growth.

Our next Adult Spiritual Formation program is an Invitation to **Meditation Practice: Meditation for Everybody**- a three part series on meditation led by our own Helene McGlaufflin. Helene is a poet, author and a certified Kripalu yoga teacher. Most importantly, she has been engaged in contemplative practices like meditation herself all of her life, and has enjoyed teaching them to people of all ages in a safe, realistic and supportive way. Helene has learned to teach the practices in secular settings such as public schools and libraries, and brings respect for all traditions and each person’s unique needs in practice to her teaching. There is no registration required for this workshop series and It is not necessary for participants to attend all three sessions. Come for as much as feels right for you. Please dress comfortably and bring a pen and notebook or journal. We look forward to seeing you there!

Toben Cooney-Callnan



A Note from the Music Director



As I'm writing this, it is hard to believe that October is nearly here. September for me has been a very busy month involving many positive changes and, especially at the church, a lot of putting things into motion for the rest of the year. I think that this month's worship theme of "deep listening" will come at a good time for all of us to balance out the extroverted energy we may have experienced to some degree getting back together. I hope that music within the church will provide ample opportunities for this.

Along with normal choir rehearsals every Sunday, *recorder ensemble* and a new *a cappella group* initiative will make for additional musical outlets this coming month. The *recorder ensemble* will begin by meeting on October 6th; the *a cappella group* on October 13th. It is also my hope that a children's singing group—I've chosen to call *The 4th Sunday All-Stars* (to remind people of when each month we meet)—will continue to grow in enthusiasm and attendance this month.

Choir music in worship during the month of October will highlight more introspective thoughts than in the month of September—explored through various genres and cultural perspectives. Piano music will include works by Chopin, Scriabin and Rachmaninov: music that synesthetically speaks through darker, more introspective colors for me. October services will also showcase some of the first small groups of the new year. Any type of music that is born of this sort of collaboration naturally fosters deep listening and I encourage anyone to come to me if they would like to be in a small group such as you will see highlighted this month.

October is also a time to begin planning for the *Intergenerational Orchestra* on my part. The Orchestra will appear on the service of December 22nd and there will be two rehearsals prior to this date—following the church services of December 8th and December 15th, as well as a short dress rehearsal at 9am on December 22nd. If you would like to be involved this year, now is the time to start letting me know of that by email along with the instrument you will be playing. My hope is to have all instruments taken into account by November so I may begin arranging music then. Email me @music-director@uubrunswick.org



Finally, if you like Halloween or like singing or wearing costumes—come to the ***Spectacularly Spooky Sing-Along*** on October 27th from 5:30-7pm! I will be leading this as a group karaoke style event with supertitles projected on the big screens in the sanctuary. The music—while sometimes spooky—will include widely known popular music hits dating back to the 1940's. This event will be open and friendly to all ages, as well as to the greater community. More information, including flyers, coming soon.

Best, Will

From the Board of Trustees

The first month back is already behind us, and fall colors are getting more vivid. What is on the board’s agenda these beautiful fall days?

An abundantly full church! So many kids and so many people! We are inspired by the number of folks coming through our doors and the opportunities they represent. We are working on ways to get the congregation’s input on how we want to move ahead with this bounty of people.

We had a lovely get together on the Green in Brunswick on September 8th. Beautiful weather and tasty desserts provided by the board.

Through your generosity in donating to the Heart Gift Fund we now have our full time Lifelong Spiritual Formation (LSF) Director Toben Cooney-Callnan (formerly titled Religious Exploration Director). Toben has already had the first LSF workshop for adults called “An Invitation to Spiritual Formation”.

With a little help from the Board, but mainly through the efforts of the Buildings and Grounds committee we now have 2 new parking spots next to the church. Signage and guidance on usage are coming.

Since I saw the boxed Christmas Trees at Lowes (don’t blame me!), I will mention that the board approved Sharon Brown’s request for the Santa Project to benefit the Gathering Place.

In this time of growth, the board is doing our best to look ahead and keep a clear picture of where we want to go, based on our community values. We will as always depend on the wonderful people in our congregation for inspiration and guidance. We look forward to working for and with you in the coming year.

Sincerely,
Keary Lay, Treasurer



Upcoming UUCB Events

FALL CIRCLE MEALS

Saturday, October 5th



A Circle Supper and a Circle Brunch is planned for Saturday, October 5. These events are arranged by the Membership Committee. This is a great opportunity for both long-time and new members to get better acquainted in a comfortable small group setting of 6-8 people in someone’s home. Meals are informal, “pot-luck” style with the host providing the main course and others bringing appetizers, sides and desserts. Beverages may be provided by both the hosts and the guests. Timing will be arranged and communicated by the hosts.

We are looking for both hosts and participants. A sign-up sheet is at the Visitor’s Table. **For questions or to sign up to host or attend as a guest, contact Anne Spencer, 207-443-3275, amsinbath@gmail.com.** It would be great if we could have a “family-friendly” Circle meal. If you are interested in hosting one, please indicate this on the sign-up sheet!

Upcoming UUCB Events

THE SANTA PROJECT 2024

The Santa Project is back this Christmas. We were asked to again help The Gathering Place make Christmas a little merrier for its clients, as there is still a great need to help unhoused folks and people still living on the streets.

After speaking with the Associate Director of the organization to find out the best way we can help, gift cards are what she suggested. They have around 100 clients at The Gathering Place. These gift cards will be given out in Christmas cards at their Christmas dinner.

What we need from the elves at UUCB are **Hannaford gift cards** of \$5 or \$10 denomination or cash and checks in any amount made out to **UUCB with "Santa Project"** in the notation and we will get the cards. We were also asked to get gift cards that can only be used for food and prescriptions. A box/basket will be at the table in the back of the sanctuary from **November 3rd through December 1st, 2024** to put gift cards, checks, or money in. I will be around after church to answer any questions you might have about the Santa Project. In the past we have been very generous in helping make Christmas merrier for others and I am sure we can do the same this year particularly in this time of high homelessness.



In advance, thank you.
Santa's chief elf, Sharon Brown

CRAFT CIRCLE OPPORTUNITY

Craft Circle Opportunity!



Help make these Tea-light holders for the Holiday Fair!

**After Church – Sunday October 20
~11:30-2:00**

- BYO Brown Bag Lunch
- if you have them, bring along small, clean glass jars. Yogurt containers or small, wide-mouth jam jars with smooth sides work well.

RSVP: Not required but would help with planning to make sure we have enough supplies. Call, text or email Rebecca Waddle if you know you can come, or just show up!
(207) 671-2734 · rebecca.waddles@gmail.com

MARK YOUR CALENDARS

- Sally Rogers & Claudia Schmidt (p.10)**
Saturday, October 19 at 7:30 pm
 - Spectacularly Spooky Sing-Along (p.3)**
Sunday, October 27 from 5:30 pm
 - Murder at the Pie Auction (p.7-8)**
Saturday, November 2 from 6 pm
 - Post Election Gathering**
Wednesday, November 6 from 6-8 pm
 - Novel Jazz Septet (p.10)**
Saturday, November 23 at 7:30 pm
 - Holiday Fair (p.9)**
Saturday, December 7 from 9am-3pm
 - Community Caroling**
Sunday, December 15 from 4-6 pm
 - March Madness Open Mic**
Saturday, March 8, 2025 from 2-4 pm
- All Events at UUCB with more details in this Parish Messenger – or coming soon!*

Upcoming UUCB Events

MURDER AT THE PIE AUCTION



written by Michael Druce

and Produced by special arrangement with
Pioneer Drama Service, Inc., Denver, Colorado

Mark Your Calendar
Saturday, November 2

- * 6:00pm Serving Heavy Hors d'oeuvres and desserts
- * 7:00pm The Performance
- * Silent Pie Auction throughout the evening

This is a fundraiser for UUCB
Pay What You Can At Door

Seeking:
Actors, Tech Crew, Kitchen Crew,
Set-up/Clean-up Crew and Auction Staff
to create an Evening of Food and Entertainment

The Fundraising Steering Committee is sponsoring a Dinner Theater Radio Show and Pie Auction. The meal will begin at 6pm with finger-style heavy hors d'oeuvres and dessert and a radio show at 7pm. The silent pie auction will be held throughout the evening. We need your help to make this a success.

WE NEED VOLUNTEERS FOR TO HELP WITH:

FOOD, SET UP/CLEAN UP, AUCTION

Food Crew (Contact Penny Elwell pennyelwell@yahoo.com)

Need a crew of about 6 people to do food prep

Will need food donations of hors d'oeuvres (finger food/appetizers) and desserts

Set Up and Clean Up Crew (Contact Diane Kew snailsoup.com)

Need to set up tables and chairs for the event

Need to take down tables and chairs after the event

Keep in mind there will be worship services the next day

Pie Auction (Contact Betsy Williams - bwilliams120@gmail.com)

Need pies to Auction (Also need four special pies specific to the show)

Need at least 2 people to help with auction and cashing out winners

Upcoming UUCB Events

Murder at the Pie Auction, continued from Page 7

THE PERFORMANCE

Contact Co-directors Maryli Tiemann - marylit@gmail.com or
Shirley Bernier - administrator@uubrunswick.org

Need Actors: need 4(F), 4(M) and 4 (M/F– doubling of roles possible)

Need Tech Crew: to set up and run Stage Lights, Mics and Sound Effects

Need Stage Crew: to help with stage set and striking of the set after the show

Need Costumer: to help costume the actors

The play will be performed as a radio show - No memorizing of lines. The plan is to rehearse once a week during the day through October with a dress rehearsal on Friday, November 1. ***First rehearsal/audition/meeting for those interested will be Wednesday, October 2 at 11:00am in the May Sarton Room.***

If you're interested in participating in the performance in some capacity but can't make it on October 2, please email administrator@uubrunswick.org or call 207-729-8515. This will give us an idea of the number of participants (actors specifically) and what people are interested in doing with the show.

Character Name	Character Description	Number of lines
PHOEBE MUFFET	Editor of the local newspaper	50
MINARET TOWERS	Phoebe's best friend	45
FELICITY HUBBARD	Pie contest coordinator, all business	106
MARK TUCKER	Felicity's high-strung assistant	78
REX ROBERTS	Actor, will need to do some improv during the auction	98
JULIA LYLE	Contest baker and pie-baking legend	69
EVE SIMONE	Contest baker, eager to take Julia's place	52
ROGER MARBLE	Contest baker, handsome, stylish, formerly in love with Eve	43
GUY TEMPLETON	Pie connoisseur and judge	37
BIDDER ONE	(Could Double as Guy Templeton, Server or Eunice Hammond)	2
BIDDER TWO	(Could Double as Guy Templeton, Server or Eunice Hammond)	12
PIE SERVER	(Could Double as Bidder one or two, Guy Templeton or Eunice Hammond)	1
EUNICE HAMMOND	Was to be the local contest entrant until she was poisoned (Could Double as Bidder one or two, or Server)	1

About the show: After years of trying unsuccessfully, the small town of Mynute, Alaska, finally lands the famous Mother Mabel's Pie Baking Competition — but it was all due to a typo mistaking Mynute for Minot! The contest looks to be a disaster with no media or publicity. To add to the tension, one of the contestants is writing a tell-all book about the seamy side of competitive pie baking. Making matters even worse, just hours before the competition begins, the pie judge goes missing. When he turns up dead, the characters turn on each other as they try to figure out who committed the murder.

Upcoming UUCB Events

HOLIDAY FAIR PLANNING IS UNDERWAY!

The Fair Team
as of September 22, 2024
Evolving All the Time!

Fair Chair: Lisa Durrell
Board Liaison: Cuffy Chase
Café: Cindy Parker, Peg Duston
UU Handcrafts: Betsy Williams, Rebecca Waddle
Eats & Treats: Penny Elwell, Leigh Peranteau, Gretchen Kamilewicz, Donna Tompkins
Greeters: Susan Babb, Devon Smith
Music: Diane Fisher, Michael Greene
Tools: David Juhlin, Mike Heath
Vendors: Cuffy Chase, Susan Snow
White Elephants: Mary Larson, Erika McKenney
Wreaths: Robin Hansen
Set up and Take Down: Jennifer Butterworth, Cuffy Chase
Treasurer: Paul Peranteau, Jon Allen, Steve Eagles
Kids' Creation Station: Toben Cooney-Callnan
Fair Signs: UUCB Youth
Marketing: Sue Michaud, Suzanne Ritter, Ann Gardner, Joanne Allen
Moose Management: Mike Heath
Photograph: Mike Michaud
Jewelry: Lisa Durrell, MaryAnn Gesnes, and the Jewelry Team
In the Wings: the many people who are helping behind the scenes

On December 7, UUCB will once again hold its popular Holiday Fair. Save the date! The church will be transformed by the sound of live music, by the aroma of delicious soups and baked goods, as well by the beauty of handmade creations, and the tables of gently used White Elephants, jewelry, and tools. The Kids' Creation Station will entertain young visitors. Crowds of eager shoppers, welcomed by UUCB greeters, will enjoy a day of holiday spirit thanks to the planning and work of our UUCB community.



Your involvement is key to this busy **day of celebration, fund raising, and fun.** We hope everyone will participate in some way.



The **sign-up sheets for volunteering** will be out after church on the four Sundays before the Fair. We look forward to your signing up to donate handcrafts, soups, baked goods, holiday items, used tools, and white elephants...and your time!



The box for gently used jewelry is already located on the membership table.



Posted soon will be the details for the **tree tipping party and the wreath making** afternoon, guided by our wreath expert Robin Hansen.



Do you know a skilled artisan (maybe you!) who would like to **rent a vendor table**, please contact Cuffy Chase cmc1322@gmail.com or Susan Snow mollysue716@gmail.com

Questions?

Lisa Durrell, Fair Chair, edur13@aol.com

Concerts for a Cause

The mission of **Concerts for a Cause** is to hold a series of concerts to raise money for the church and local charities while sharing a variety of quality music with the Brunswick area community. The 2024-25 season's charities will be [Brunswick Area Teen Center](#) and [Maine Family Planning](#). See the entire lineup of concerts and more details about each performer at <https://uubrunswick.org/programs/concerts-for-a-cause/upcoming>

Pousette-Dart Duo a Big Success

We sold 167 tickets for the Pousette-Dart Duo concert, a great turnout, and everyone loved the show. The added arrival of Jonathan Edwards made it even more special! As usual, the band loved the people and the venue and would love to come back again.



Sally Rogers & Claudia Schmidt

SATURDAY, October 19 at 7:30 PM



UUCB Concerts for a Cause presents legendary folksingers, Sally Rogers & Claudia Schmidt at UUCB on October 19th at 7:30 pm to raise money for the Brunswick Area Teen Center and Maine Family Planning.

Claudia & Sally, both Michigan natives, have each shared their talents as solo artists and as a duo. Sally is a folk artist, and Claudia is known for both folk and jazz. For over 4 decades, they have been performing together, demonstrating a deep musical connection onstage.

Sally Rogers is a remarkably accomplished musician, songwriter, storyteller, and educator. Over her career, she has recorded more than a dozen albums and has established herself as a preeminent voice in folk music. She began her career as a full-time touring musician in 1979, after encouragement from Stan Rogers, the legendary Canadian singer-songwriter. Rogers

has toured extensively, performing as well as teaching workshops with adults and children.

Claudia Schmidt is a powerful vocalist who describes herself as a “creative noisemaker,” engaging audiences with folk classics, jazz, blues, bawdy verses and humorous parodies. She has recorded 16 of her own albums, and four with Sally Rogers. Her widely acclaimed folk and jazz-based compositions have found their way into radio, TV, film and theater productions.

Sally and Claudia’s album “Closing the Distance” was voted by public radio stations throughout the country as one of the 10 most popular albums of the year. They recently released their fourth collaborative album “We are Welcomed,” which celebrates love, friendship and social justice, themes that have been the cornerstone of their intertwined careers for decades.

Tickets are \$20 in advance, \$25 at the door, \$10 students/children. Tickets are available at the church office, Gulf of Maine Books, or online at <https://ticketstripe.com/sallyrogers>.

Novel Jazz Septet Celebrates Ellington and Strayhorn

SATURDAY, November 23 at 7:30 PM

Novel Jazz Septet, one of Maine’s premiere jazz groups, is now in their 20th year of keeping the musical legacy of Duke Ellington and Billy Strayhorn alive and swinging. The Band will perform standard tunes from the Ellington/Strayhorn repertoire. Tickets: \$25 in advance, \$30 at the door, \$10 Students/Children. Available after church services, at the church office, Gulf of Maine Books, or online at <https://ticketstripe.com>.



Working for Justice

OCTOBER'S CHARITY WITH SOUL: OASIS FREE CLINICS

Contact: Stephen Wood swood88@outlook.com

From Anita Ruff, Director

The mission of the Oasis Free Clinics is to strengthen our community by providing no-cost medical, dental and prescription assistance services to our uninsured neighbors in need. The vision is a thriving community that cares for all its members. We serve adults 18-64 who live in the towns of Freeport, Durham, Brunswick, Harpswell, and Sagadahoc County.

Oasis was created almost 30 years ago because there was a gap in the healthcare system – there was no place for those experiencing homelessness to receive free healthcare with dignity and respect. Unfortunately, there are still gaps in our healthcare system, especially among those who experience poverty, struggle with mental health and substance use issues, have limited literacy skills, and/or who bring complex lives into the exam room. We serve those who need something different from the traditional healthcare system and are facing health challenges that require more time than the typical 15-minute visit. We also serve as the primary medical and dental home for adult asylum seekers and immigrants who are living in the Midcoast community.

Oasis is the only medical and dental clinic whose sole purpose is to provide free care to uninsured adults in southern Midcoast Maine. Currently, we serve over 500 adults in our medical clinic and 350 in our dental clinic. Services are provided by our network of 65 volunteer medical, dental, and mental health providers, as well as administrative volunteers. Bowdoin College students regularly volunteer to provide administrative and communications support.

Oasis Health Clinic: The Health Clinic provides adult wellness and prevention visits, women's health visits, sick care, chronic disease care, limited mental health counseling services, and referrals to specialty care. In FY24, we provided free vision care to 130 people and



helped many to purchase new glasses. In Fall 2022, we added vision care services and offer free eye exams and help patients obtain new glasses. Additionally, our mental health volunteers gave 372 hours to support our patients. We continue to see an increase in patients whose primary language is something other than English. Since 2016, we have gone from 1-2 patients whose primary language is not English to today more than 200. Languages and dialects spoken include Chinese, Creole, Tagalog, Lingala, French, Portuguese, Thai, Vietnamese, Taiwanese, Spanish, and Brazilian Portuguese.

Oasis Dental Clinic: The Dental Clinic addresses the oral health needs of our uninsured medical patients including conducting patient intake and health history, taking dental x-rays, doing fillings, providing dental cleanings, restorations, extractions, some oral surgery and endodontics. In FY 24, we provided over \$474,741 in free dental care.

Community Prescription Assistance Program (CPAP): CPAP assists members of our community in obtaining free medications through pharmaceutical patient assistance programs. We help people with the complicated application process in order to receive their medications, including those with Medicare Part D. In FY24, we procured \$1,455,776 in free medications.

New Clinic: We are opening our new clinic at 331 Maine Street on September 30th. This new and expanded clinic will allow us to provide more free care to our neighbors in need. Join us at our **Open House and Ribbon Cutting Ceremony on Wednesday, Oct. 9th from 3:00 – 6:00pm.**

Working for Justice

IMMIGRANT JUSTICE

Contact: Faith Barnes faithb.56@gmail.com



Mid Coast New Mainers Group

Mid Coast New Mainers Group (MCNMG) continues to need volunteers, particularly drivers in Bath to assist with transporting asylum seekers to their English classes and to medical appointments in Brunswick. The need for job coaches and mentors remains high as more asylum seekers receive their work permits. If you are interested in volunteer opportunities with MCNMG, please

complete the volunteer application at the bottom of the first page of their website: <https://mcnmg.org>

The United Way is sponsoring two upcoming volunteer fairs for community volunteer opportunities. MCNMG will be staffing a table at both fairs:

- Brunswick: October 1, Kate Furbish School (75 Jordan Ave., Brunswick) 4:30 - 6:30
- Bath, October 8, Morse High School, 4:30 - 6:30

Please encourage any friends or neighbors looking for volunteer opportunities to attend!

Midcoast Literacy

Midcoast Literacy is looking for more tutors to read with adults. The next adult tutor training will be held on October 8, 9, and 10 from 9:00am -2:00pm at the Midcoast Literacy offices in Bath. If you have any questions or would like more information, please contact Diana Krauss at als@midcoastlit.org.



Clothing Closet

The Little Sparrows Clothing Closet, located at The Nazarene Church at 94 McKeen Street opened in September. Little Sparrows tentative hours are listed below:

- Monday -12:30pm to 5:30pm for sorting and processing
- Tuesday - 8:30am-1:30pm for sorting and restocking
- Tuesday - 9:00am-1:00pm for patrons and donations
- Wednesday -12:30pm to 5:30pm for sorting and restocking
- Wednesday - 1:00pm-5:00pm for patrons and donations

If you are interested in volunteering at the clothing closet or donating clothing, please contact Katya Rogers at (207) 509-4236 or [littlesparrowsclothingcloset@gmail.com](mailto: littlesparrowsclothingcloset@gmail.com).

Clothing Needs for Students

Back-to-school and winter clothing needs for students in Brunswick Schools are supplied by The Emergency Action Network (TEANS) which works through the schools. To donate, look at TEAN's Facebook page:

<https://www.facebook.com/groups/emergencyactionnetwork/>

Working for Justice

INDIGENOUS AWARENESS

Contact: Cathey Cyrus wdclark@gwi.net



Experience the historic Wabanaki portage from the Pejepscot Falls to Maquoit Bay

On Sunday, October 6, in support of one of several walks for historical and ecological recovery overseen by Atlantic Black Box, (WHERE2024 <https://atlanticblackbox.com/in-2024-atlantic-black-box-and-our-partners-invite-you-to-join-us-on-an-epic-journey-of-collective-recovery/#>), UUCB will host an early afternoon Wabanaki meal that will cap a walk of the historic Wabanaki 4 mile portage from the Pejepscot Falls to Maquoit Bay.

The event has grown from the work of the Pejepscot Portage Mapping Project (PPMP), a group of Wabanaki and non-Native artists, activist, academics, conservationists and interested residents who wish to raise awareness of the untold stories of this place we now call Brunswick.

Those who register can join a morning gathering at the river to watch the portagers begin. A larger gathering at the Brunswick Mall will offer presentations, informative handouts and historical signage, and those who wish to walk the portage themselves (or drive it) can follow the portagers on to Maquoit Bay (Wharton’s Point) where the portage ends, and a brief presentation will be given about that place of sustenance for the Wabanaki people. Those who have registered will gather for the Wabanaki meal at the church at 1:30. Registration for the overall event is required. To register and for more details and general information go to: <https://www.walkwhere.org/walks/brunswick>.

MUUSAN

Contact: Steve Eagles seagles4@gmail.com

Here is the latest news from the Maine Unitarian-Universalist State Action Network (MUUSAN), the non-partisan political action group representing the values of our faith.



The Maine state legislature does not convene until December and MUUSAN action teams will be working with our allies to determine which bills will benefit from our endorsement. Currently we are sponsoring letter writing encouraging people to vote through UUtheVote until the end of October. Our UUCB group meet irregularly throughout the legislative session and you are welcome to participate by checking the MUUSAN website. UUCB has become (perhaps continues to be) a major contributor to MUUSAN. Betsy Williams has joined the MUUSAN board where she will be working with the ActionTeam co-chairs and congregational legislative liaisons to facilitate communications and develop educational opportunities where appropriate. Diane Fisher is also lending her experienced and wise voice as a new member of the MUUSAN board. Steve Eagles will be taking on Betsy’s role as our congregational liaison. Our valued administrative coordinator, Reba Richardson, is stepping down and the board is seeking a replacement. Are you interested? You can become involved by signing up for our legislative alert emails which will be sent out throughout the legislative session when your letters, emails, calls will be most useful. MUUSAN has statewide action teams that review proposed legislation and choose which issues to recommend supporting and YOU can be part of that selection process. Check out the MUUSAN website and/or talk with Steve, Betsy, or Diane for more details and encouragement.

UUCB Art Gallery

OCTOBER ART SHOW: MICAH AND FRIENDS, A SPINDLEWORKS GROUP EXHIBIT

The exhibit spotlights Micah Webbert's intricate and illustrative paintings of nature, both flora and fauna. Twelve of Micah's artist friends join him in this exhibit sharing their fiber art, assemblage, and painting talents: Bonita Davis, Nancy Scott, Lloyd Whitcomb, Sophie Jacobs, Barbara Carter, Emma Becker, Lorelei McGinn, Colby Padulo, Emilie Williams, Dana Albright, Jeanette Baribeau, and Mitch Pfiefler.

Spindleworks Art Center, a program of Independence Association, offers guidance to over 45 artists with disabilities to find their creative voice. For more information, please visit us at: spindleworks.independenceassociation.org.

Toni Carroll
Artist Mentor
Spindleworks



FROM THE ART GALLERY COMMITTEE

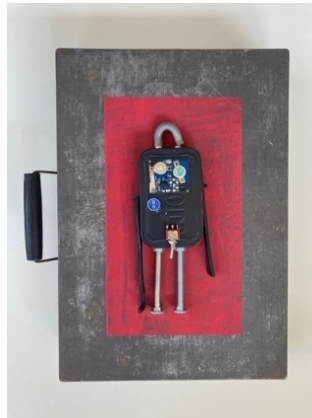
Attention all UU artists and friends! The Art Gallery Committee invites you to share some of your work with our church community. We'd love to hang your art in the Fellowship Hall and May Sarton Room.

Please consider showing up to 3 pieces. The work must be 2-dimensional with a wire or strong string on the back so that it is ready to hang. Please label the work on the back with your name and a title if there is one.

Drop off your work October 27-30 in the Wendell Berry room.

Contact Joanne Allen
jlaen543@gmail.com with any questions.

Please join us for our artists reception on October 11th from 4-6:30pm.



The Parish Messenger Deadline for November issue is Saturday, October 19.
Please send your content to: parish-messenger-editor@uubrunswick.org.